



## ENGLAND COMMONWEALTH GYMNASTICS' SELECTION POLICY

### Women's Artistic Gymnastics

### XIX Commonwealth Games, Delhi, (IND)

**3-14<sup>th</sup> October 2010**

Competition Format	<ul style="list-style-type: none"> <li>• FIG Competition I, II, III</li> <li>• Competition I: Team final and qualification individual all around final and apparatus finals. A maximum of five gymnasts per federation (5,4,3)</li> <li>• Competition II: Individual All Around Final (Top 24 with a maximum of 3 per Federation)</li> <li>• Competition III: Apparatus finals (Top 8 with a maximum of 2 per Federation).</li> </ul>
Performance Targets	<p>Team medal</p> <p>Qualify 2 gymnasts for Competition II Top 24 Final</p> <p>Qualify gymnasts for 2 - 3 Competition III Apparatus Finals</p>
Eligibility	<ol style="list-style-type: none"> <li>1. Gymnasts are eligible for consideration provided they are: <ul style="list-style-type: none"> <li>• a British Citizen holding a British passport</li> <li>• a minimum of 16 years old in the year of competition (1994 or earlier)</li> <li>• eligible to compete for Great Britain by possession of a current Gymnast Licence held with FIG</li> <li>• eligible to compete for England as per team England 2010 eligibility conditions (appended)</li> <li>• entered into the 2010 English Championships - The English Championships will determine the squad of gymnasts to be considered for selection)</li> <li>• Declaration to Compete forms and petitions need to be sent to Mike Weinstock C/o the EGA or to <a href="mailto:mike@mwgymnastics.co.uk">mike@mwgymnastics.co.uk</a> Declaration to Compete forms no later than Friday 26<sup>th</sup> February. Petitions in writing no later than Friday 26<sup>th</sup> March 2010</li> </ul> </li> </ol>
The 'Team'	<ol style="list-style-type: none"> <li>1. The 'Team' means the team which is selected by English Gymnastics and includes gymnasts (5), coaches (2), nominated reserves, medical support personnel, Team Manager</li> </ol>
Nomination Panel	<ol style="list-style-type: none"> <li>1. Following the completion of the Designated Selection Events listed in this Policy, the Technical Director will consult with the National Coaches and take into account any relevant input deemed necessary from the English Gymnastics approved World Class Science &amp; Medical staff to discuss the nomination of the gymnasts and coaches.</li> <li>2. The nominated gymnasts and coaches will be those who have not been selected to represent Great Britain at the 2010 World Championships who are most able to achieve the targets listed in the section 'Performance Targets'.</li> <li>3. Following this consultation, the Technical Director will forward a list of nominated gymnasts and coaches to the Approval Panel for their scrutiny.</li> <li>4. Gymnasts meeting the Eligibility criteria who do not take part in the English Championships may petition the English Gymnastics Association for inclusion. Petitions, including supporting evidence, should be sent in writing to the Mike</li> </ol>

	Weinstock C/o the EGA no later than Friday 26th March 2010
Approval Panel	<ol style="list-style-type: none"> <li>1. An English Gymnastics Approval Panel, comprising the England Team Manager, Chair of English Gymnastics Chair of the British Gymnastics Women's Technical Committee (or nominated representative) will consider the nominations for gymnasts and coaches received from the Nomination Panel and ratify if appropriate.</li> <li>2. In the event that the Nomination Panel provides insufficient gymnasts to fill the available Team places, the Approval Panel will make referral back to the Nomination Panel for their reasoning at which point their list of nominations may be amended.</li> <li>3. The Approval Panel will confirm the selection of the Team on or before Friday 3<sup>rd</sup> September 2010.</li> </ol>
Appeals	<ol style="list-style-type: none"> <li>1. Appeals can only be submitted for a non-selected gymnast on the grounds that the process outlined within this Selection Policy has not been adhered to.</li> <li>2. Appeals should be made to EGA using the British Gymnastics' Appeals Process (details can be found on the British Gymnastics' website <a href="http://www.british-gymnastics.org">www.british-gymnastics.org</a>)</li> </ol>
Designated Selection Event(s)	<ol style="list-style-type: none"> <li>2. The Nomination Panel will take into consideration performances at the following events: <ol style="list-style-type: none"> <li>a) The English Championships, 6<sup>th</sup> March 2010, Leicester</li> <li>b) The British Team Championships, 22-23<sup>rd</sup> May 2010, Guildford</li> <li>c) The British Individual Championships, 3 July 2010, Guildford</li> <li>d) Home International - Saturday 14th August (venue to be confirmed)</li> <li>e) Home International - Saturday 28th August (venue to be confirmed)</li> </ol> <p>* After selection events a, b and c the Technical Director may reduce the pool of gymnasts being considered for selection and invited to take part in selection events d and e.</p> </li> <li>3. If any of the International events cannot take place control competitions will be organised on the same date.</li> <li>4. In order to be considered for selection, a gymnast who is ill or injured prior to or during one of the Designated Selection Events must provide written authentication of the injury or illness by a medical personnel approved by English Gymnastics (listed at the end of this Policy).</li> </ol>
Nomination Process	<ol style="list-style-type: none"> <li>1. Gymnasts will be selected on the basis of achieving the best results for England in line with the performance targets. Gymnasts selected to represent Great Britain at the 2010 World Championships will not be eligible for selection.</li> <li>2. By entering the selection process, gymnasts and personal coaches agree to be bound by the provisions of this policy.</li> <li>3. Gymnasts meeting the Eligibility criteria who do not take part in the English Championships may petition the English Gymnastics Association for inclusion. Petitions, including supporting evidence, should be sent in writing to the Chair of the EGA no later than Friday 26th March 2010 After the selection event on Saturday 28<sup>th</sup> August 2010 a team of 5 gymnasts will be nominated to the Approval Panel</li> <li>4. A number of non-travelling reserve(s) may be nominated, as appropriate, to cover all replacement eventualities. These reserves will not be placed in any specified rank order.</li> <li>5. All gymnasts nominated and selected for the Commonwealth Games will be considered as potential reserves for the World Championships. These reserves will not be placed in any specified rank order.</li> <li>6. Team Coaches will be nominated by the Technical Director based upon the following criteria: <ul style="list-style-type: none"> <li>• Their ability to contribute to the performance targets</li> <li>• The teams best needs</li> <li>• Their ability to lead, organise and control under situations of high responsibility and stress</li> <li>• Their international experience and performance</li> <li>• Their qualification i.e. current HPC/IPC and standing as a professional member</li> </ul> </li> </ol>

	<ul style="list-style-type: none"> <li>• Their attendance at all required meetings, squad training and events</li> </ul> <ol style="list-style-type: none"> <li>7. Nominated gymnasts and coaches (including the reserve(s)) will be expected to undertake all programme activities (Camps and Competitions) laid out by the Technical Director and Team Coaches as part of the preparations for the Championships to prove their readiness to compete.</li> <li>8. Nominated gymnasts and coaches (including the reserve(s)) must also agree to observe all obligations outlined within the British Gymnastics' Gymnast Agreement 2009 – 13 and any subsequent Codes of Behaviour adopted by British Gymnastics.</li> <li>9. The final allocation of apparatus will be confirmed at the Championships by the Team Coaches.</li> </ol>
Injury & Replacement	<ol style="list-style-type: none"> <li>1. In the event of an injury and/or the need for replacement, any gymnast from a Commonwealth Games Team may be called upon to join the World Championships Team at any time.</li> <li>2. Once Team selections have been confirmed by the Approval Panel, all selected gymnasts (including the reserve(s)) must agree not to withhold any information on training fitness, injury status or illness that could affect training or competition at any time until the point of the Championships.</li> <li>3. All selected gymnasts must declare any medications they are taking, in particular the use of any restricted medications, and submit these to the Head of Science &amp; Medicine at British Gymnastics for medical approval.</li> <li>4. A gymnast or coach may be removed from the Team in the event of a non-compliance in training, a breach of responsibility to the Team or a violation of the Codes of Behaviour adopted by the Team. Prior to removal the gymnast or coach must be presented with the opportunity to attend a removal interview with the Team Manager (or their appointed representative) and where possible one other independent person. Written justification must be provided for all removals by the Head of Delegation. Decisions on these matters are not open to appeal.</li> <li>5. At any stage following the selection Announcement and prior to departure to the competition, should any gymnast fail to reach <u>performance</u> expectations in training or competition, the Technical Director may recommend de-selection to the Approval Panel. The Approval Panel will consider this recommendation, provide an opportunity for the gymnast to make a counter-argument, and then pass judgement. Written justification must be provided for all removals. Decisions on these matters are not open to appeal.</li> <li>6. At any stage following the arrival of the Team at the competition and during the event, should any gymnast fail to reach <u>performance</u> expectations in training or competition, the Team Coaches may recommend de-selection to Team Manager. The Team Manager will consider this recommendation, provide an opportunity for the gymnast to attend an interview to make a counter-argument, and then pass judgement. Written justification must be provided for all removals. Decisions on these matters are not open to appeal.</li> <li>7. At any stage following the selection announcement, should there be a doubt over the ability of a gymnast to compete to the best of his ability <u>due to an injury or illness</u>, the following procedure will be adhered to: <ol style="list-style-type: none"> <li>a) The gymnast will be referred to British Gymnastics'/English Gymnastics' designated Medical Officer to undergo a medical examination to determine their fitness to participate. Initially this will be based on an assessment of whether or not the injury and/or illness is such that the gymnast is physically unable to compete or is at risk of causing medical harm to themselves, or endangering other competitors, officials or spectators.</li> <li>b) If the gymnast passes the initial medical examination carried out by the Medical Officer but British Gymnastics/English Gymnastics still has concerns over whether or not the gymnast is able to compete to the best of her ability due to the underlying injury or illness, the gymnast will be required to undertake English Gymnastics/British Gymnastics' designated "Technical Fitness Test".</li> <li>c) The Technical Fitness Test is an objective assessment based on video footage which will require the gymnast perform routine(s) to a minimum of 3 tenths of difficulty value or final score, (or 1.0 in the case of for the All Around total score) as presented on the date of selection.</li> </ol> </li> </ol>

	<p>d) In the event that a gymnast fails to complete the Technical Fitness Test to the required standard, they will be removed from the Team, a decision which is not open to appeal. This will be made by the Team Manager in consultation with the Team Coaches</p> <p>8. Any replacement(s) required will be made by the Team Manager in consultation with the Team Coaches on the basis of the needs of the Team and normally come out of the pool of nominated non-travelling reserves. Decisions on these matters are not open to appeal.</p>
Team Organisation	<p>1. The Team and non-travelling reserves if appropriate will attend the pre-World Championship Preparation Camp at Lilleshall National Sports Centre from Monday 6<sup>th</sup> September until two days before departure to the championships.</p> <p>2. The Team will transfer to the Commonwealth Games on or about Monday 27<sup>th</sup> September 2010 to travel to the Championships and depart from the Games on or about Saturday 9<sup>th</sup> October 2010.</p> <p>3. In the event that they have not already done so, all gymnasts within the Team will be required to sign and comply with British Gymnastics' Gymnast Agreement 2009 – 13 and the Commonwealth Games Council for England contract.</p>
Announcement	<p>1. Selected Team Members agree not to make any announcement to the media or public in any form (including on any personal websites) regarding their selection until after Gymnastics England have announced the Team selection on the English Gymnastics web site (<a href="http://www.EnglandGymnastics.org.uk">www.EnglandGymnastics.org.uk</a>).</p>
Any additional matters not covered by this policy	<p>2. Any matters arising from the selection process that are not covered within this policy shall be determined by English Gymnastics or a nominated representative acting at their sole discretion.</p>

## ENGLISH GYMNASTICS SELECTION POLICY FOR XIX COMMONWEALTH GAMES (WOMEN'S ARTISTIC GYMNASTICS)

### APPROVED BY:

Signed: Mike Weinstock – England Gymnastics Team Manager

Signed: Jim Moss - Chair – English Gymnastics Association

Signed: Lyn Fairbrother - Chair - BG Women's Technical Committee

### **MEDICAL PERSONNEL APPROVED BY BRITISH GYMNASTICS/ENGLISH GYMNASTICS**

Louise Fawcett (British Gymnastics' Head of Science & Medicine) e mail: [Louise.Fawcett@eis2win.co.uk](mailto:Louise.Fawcett@eis2win.co.uk)  
Pippa Bennett (British Gymnastics' Chief Medical Officer) e mail: [Pippa.Bennett@thefa.com](mailto:Pippa.Bennett@thefa.com)  
CWG Gymnastics Team Doctor TBC.  
CWG Gymnastics Team Physio Julie Sparrow [j.sparrow@tees.ac.uk](mailto:j.sparrow@tees.ac.uk)  
Lindy Laszig e mail : [Lindy.Laszig@eis2win.co.uk](mailto:Lindy.Laszig@eis2win.co.uk)  
Alastair Little e mail : [Alastair.Little@eis2win.co.uk](mailto:Alastair.Little@eis2win.co.uk)

### **TEAM ENGLAND 2010 – Eligibility Conditions**

**To be eligible to compete for Team England, athletes must be able to comply with the eligibility conditions as determined by the Commonwealth Games Federation (CGF) as below:**

### **CGF Constitution Article 24: Eligibility**

1. Subject to Article 24(2), as a condition of entry to compete in the Commonwealth Games, all competitors must be citizens or subjects of the Commonwealth Country that enters them and must:
  - (a) not be currently under disqualification or suspension by the Federation, or their respective Affiliated CGA or IF or under the World Anti Doping Code;
  - (b) comply with all applicable rules and regulations of the Federation, their respective IFs and the World Anti Doping Code as may be modified and applied by the Federation to ensure that the overriding principles of the Commonwealth Games are observed.
2. Subject to Article 24(3), where a competitor was born in a Commonwealth Country that has common citizenship/passport with other Commonwealth Countries, the competitor may initially represent either the competitor's Commonwealth Country of birth; or the Commonwealth Country of birth of his or her father or mother that shares the same citizenship/passport.
3. After having represented one Commonwealth Country at the Commonwealth Games, a competitor may not represent another Commonwealth Country unless he or she receives the approval of the Federation, the relevant IF and the Affiliated CGAs of the two Commonwealth Countries concerned.
4. It is the responsibility of all Affiliated CGAs to ensure that their competitors are fully aware of and comply with the eligibility rules of the Federation.
5. The Executive Board shall have the power to waive the provisions of Articles 24 (1-3) in its discretion.

### **Eligibility Policy Decision**

The Minutes of the 2004 General Assembly record: *"That in accordance with Article 25 (5)(Article 24(5) of the November 2007 applies), the Board considered applications from CGAs seeking dispensations for athletes to compete at both the Commonwealth Youth Games and the Commonwealth Games in Melbourne.*

*As a result of this, the Board felt it appropriate to adopt a specific policy applying to cases where a common passport existed insofar as residency is concerned i.e. that a Dispensation will be granted to any such athlete who has completed a period of 5 years continuous residency within the CGA territory immediately prior to the Games.*

During the 2009 General Assembly CGA Workshop it was confirmed by John Eades, Operations Director, CGF, that this decision, whilst specific to Melbourne, still applies in relation to the Delhi Games.



**WOMENS ARTISTIC GYMNASTICS:  
DECLARATION to COMPETE  
XIX Commonwealth Games, (Delhi, India)**

**Declaration to Compete form to be returned by 26<sup>th</sup> February 2010**

GYMNAST NAME .....

CLUB .....

PERSONAL COACH .....

I would like to submit a request for the above gymnast to trial for the XIX Commonwealth Games 2010.

Signed..... Date.....

Mike Weinstock  
English Gymnastics  
Ford Hall  
Lilleshall National Sports Centre  
Near Newport  
Shropshire  
TF10 9NB

mike@mwgymnastics.co.uk