



ENGLAND COMMONWEALTH GAMES SELECTION POLICY

Rhythmic Gymnastics, Individual

XIX Commonwealth Games, Dehli [IND]

11th – 14th October 2010

<p>Competition Format</p>	<ul style="list-style-type: none"> • FIG Competition I, II & III • Olympic Apparatus 2009 – 2010 Cycle: Rope / Hoop / Ball / Ribbon • Competition I: Team position and qualification for individual all around and apparatus finals; Highest 10 Routines to count. • The competition programme comprises routines using the four apparatus prescribed on the programme of the year (FIG Reg. 7.1.) Each team must perform three routines on each of the four apparatus, (by different gymnasts), making a total of twelve routines. • A maximum of three gymnasts per Federation • Competition II: All Around final, (Top 16 with a maximum of 2 per Federation) • Competition III: Apparatus finals, (Top 8 with a maximum of 2 per Federation)
<p>Performance Targets</p>	<ul style="list-style-type: none"> • Team Medal • Qualify two gymnasts for Competition II - (Top 16 Final) • Qualify two gymnasts for Competition III - (Apparatus Finals)
<p>Eligibility</p>	<ol style="list-style-type: none"> 1. Gymnasts are eligible for consideration provided they are: <ul style="list-style-type: none"> • a British Citizen holding a British passport • a minimum of 16 years old in the year of competition (1994 or earlier) • eligible to compete for Great Britain by possession of a current Gymnast Licence held with FIG or eligible to be in possession of a Gymnast Licence before the nominative entry. • eligible to compete for England as per team England 2010 eligibility conditions (appended) 2. Gymnasts wishing to be considered for nomination must achieve

	<p>minimum scores, to be confirmed in April 2010, within the designated selection events.</p> <p>3. Declaration to Compete forms and petitions need to be sent to the Mike Weinstock C/o the EGA or to mike@mwgymnastics.co.uk. Declaration to Compete forms must be returned by Friday 26th February 2010, and Petitions forms must be in writing by Friday 26th March 2010.</p>
The 'Team'	<p>1. The 'Team' means the team that is selected by English Gymnastics and includes gymnasts (3), coaches (1), nominated reserves, medical support personnel (2), Team Leaders (1),</p>
Nomination Panel	<p>1. Following the completion of the Designated Selection Events listed in this Policy, the British Gymnastics Technical Manager in consultation with the National Coach and taking into account any relevant input deemed necessary from the medical staff to discuss the nomination of the gymnasts and coaches.</p> <p>2. The nominated gymnasts and coach will be those most able to achieve the targets listed in the section 'Performance Targets'.</p> <p>3. Following this consultation, the Technical Manager will forward a list of nominated gymnasts and team coach to the Approval Panel for their scrutiny.</p>
Approval Panel	<p>1. An English Gymnastics Approval Panel, comprising the England Team Manager, Chair of English Gymnastics and a nominated Representative of British Gymnastics Rhythmic Technical Committee will consider the nominations for gymnasts and coaches received from the Nomination Panel and ratify if appropriate.</p> <p>2. In the event that the Nomination Panel provides insufficient gymnasts to fill the available Team places, the Approval Panel will make referral back to the Nomination Panel for their reasoning at which point their list of nominations may be amended.</p> <p>3. The Approval Panel will confirm the selection of the Team on or before August 27th 2010.</p>
Appeals	<p>1. Appeals can only be submitted for a non-selected gymnast on the grounds that the process outlined within this Selection Policy has not been adhered to.</p> <p>2. Appeals should be made to EGA using the British Gymnastics' Appeals Process (details can be found on the British Gymnastics' website; www.british-gymnastics.org)</p>
Designated Selection Event(s)	<p>1. The Nomination Panel will take into consideration performances at the following events:</p> <ul style="list-style-type: none"> a) Selection Event 1: - All Around British Championships (Competition II) , Stoke on Trent 10/11th July 2010 b) Selection Event 2: – 7th or 8th August 2010, Lilleshall National Centre [TBC] c) Selection Event 3: – 21st or 22nd August 2010, Lilleshall National Centre [TBC]s <p>2. The selections may be filmed, and subsequently analysed by the technical staff / Brevet judges. Competition attire will be a requirement</p>

	<p>for each Selection Event. Scores from the Designated Selection Events will be made available to the personal coach of the gymnast.</p> <p>3. In order to be considered for selection, a gymnast who is ill or injured prior to or during one of the designated Selection Events must provide written authentication of the injury or illness by a medical personnel approved by British Gymnastics / English Gymnastics (listed at the end of this Policy). This must be submitted by 25th August.</p>
<p>Nomination Process</p>	<ol style="list-style-type: none"> 1. By entering the selection process, gymnasts and personal coaches agree to be bound by the provisions of this policy and declare injuries or illness British Gymnastics / English Gymnastics from the point of the first control, up until the final competition in Dehli [IND]. 2. Gymnasts meeting the eligibility criteria must be qualified to compete at the British Championships and must complete a declaration of intent to be considered for the XIX Commonwealth Games, Dehli [IND] in writing to English Gymnastics by (to be confirmed) 3. The selection of the team will be based on the gymnasts achieving the best possible results for England in line with the performance targets. 4. A non-travelling reserve(s) may be nominated, as appropriate, to cover all replacement eventualities. Reserves will not necessarily be selected in a rank order. 5. Nominated gymnasts and coaches (including the reserve(s)) will be expected to undertake all programme activities (training camps and competitions laid out by in the pre - training programme, dates to be confirmed), as part of the 'Games' preparation, and to prove their readiness to compete. 6. The Nominated coach and Judges will be members of British Gymnastics, and appropriately qualified with a valid qualification and CRB. 7. Personal Coaches of the selected gymnasts will be required to work in co-operation with the Coach, [Team England], and National Coach [GBR] and provide technical sheets ahead of controls 1 and 2, as well as the training camp(s). 8. Nominated gymnasts and coaches must also agree to observe all obligations outlined within the British Gymnastics' Gymnast Agreement 2010 and any subsequent Codes of Behaviour adopted by English Gymnastics and Team England [Commonwealth Games]. Personal Coaches of the selected gymnasts will be required to work in co-operation with the Coach, [Team England], and National Coach [GBR] and provide technical sheets ahead of Selections 2 and 3, as well as the training camp(s).
<p>Injury & Replacement</p>	<ol style="list-style-type: none"> 1. Once Team selections have been confirmed by the Approval Panel, all selected gymnasts must agree not to withhold any information on training fitness, injury status or illness that could affect training or competition at any time until, and including the point of the final competition within the Commonwealth Games. 2. All selected gymnasts must declare any medications they are taking, in particular the use of any restricted medications, and submit these to the Head of Science & Medicine at British Gymnastics for medical approval 3. A gymnast or coach may be removed from the Team in the event of a non-compliance in training, a breach of responsibility to the Team or a

	<p>violation of the Codes of Behaviour adopted by the Team. Prior to removal the gymnast or coach must be presented with the opportunity to attend a removal interview with the Team Manager England, (or their appointed representative) and where possible one other independent person. Written justification must be provided for all removals by the Team Manager. Decisions on these matters are not open to appeal.</p> <p>4. At any stage following the arrival of the Team at the competition and during the event, should any gymnast fail to reach performance expectations in training or competition the Team Coach may recommend de-selection to Team Manager, England. Team Manager, England, will consider this recommendation, provide an opportunity for the gymnast to attend an interview to make a counter-argument, and then pass judgement. Written justification must be provided for all removals. Decisions on these matters are not open to appeal.</p> <p>5. At any stage following the selection announcement, should there be a doubt over the ability of a gymnast to compete to the best of their ability <u>due to an injury or illness</u>, the following procedure will be adhered to:</p> <p>a) The gymnast will be referred to British Gymnastics' designated Medical Officer to undergo a medical examination to determine their fitness to participate. Initially this will be based on an assessment of whether or not the injury and/or illness is such that the gymnast is physically unable to compete or is at risk of causing medical harm to themselves, or endangering other competitors, officials or spectators.</p> <p>b) If the gymnast passes the initial medical examination carried out by the Medical Officer designated, but English Gymnastics still has concerns over whether or not the gymnast is able to compete to the best of his ability due to the underlying injury or illness, the gymnast will be required to undertake a designated "Fitness Test".</p> <p>c) The Fitness Test is an objective assessment which will require the gymnast to demonstrate their full routines on each apparatus, at an agreed time date, and venue</p> <p>d) In the event that a gymnast fails to complete the Fitness Test to the required standard, they will be removed from the Team, a decision which is not open to appeal.</p> <p>6. Any replacement(s) required will be made by the England Commonwealth Games Gymnastic Team Manager on the basis of the needs of the Team and normally come out of the pool of nominated non-travelling reserves. Decisions on these matters are not open to appeal.</p>
<p>Team Organisation</p>	<p>1. The Team will attend pre-Championship preparation camp(s) at Lilleshall for combined preparation for the Commonwealth Games and World Championships August and September.</p> <p>2. The Team will convene on <i>5th October</i> to travel to the Commonwealth Games.</p> <p>3. In the event that they have not already done so, all gymnasts within the Team will be required to sign and comply with British Gymnastics' Gymnast Agreement 2010.</p>
<p>Announcement</p>	<p>1. Selected Team Members agree not to make any announcement to the media or public in any form (including on any personal websites) regarding their selection until after English Gymnastics and the Commonwealth Games Team England, have announced the Team selection on their official web (www.english-gymnastics.org)</p>

ENGLISH GYMNASTICS' SELECTION POLICY

Rhythmic Gymnastics (Individual): XIX Commonwealth Games, Dehli [IND] 11th – 14th October 2010

APPROVED BY:

Signed

Mike Weinstock
Team Manager

Signed

Jim Moss Chair English Gymnastics Association

Signed

Nominated Representative of The BG Rhythmic
Technical Committee

MEDICAL PERSONNEL APPROVED BY BRITISH GYMNASTICS

Louise Fawcett (British Gymnastics' Head of Science & Medicine) - **e mail:**
Louise.Fawcett@eis2win.co.uk

Pippa Bennett (British Gymnastics' Chief Medical Officer) - **e mail:** Pippa.Bennett@thefa.com

CWG Gymnastics Team Doctor TBC

CWG Gymnastics Team Physio Julie Sparrow - **e mail:** j.sparrow@tees.ac.uk

Louise Curley (British Gymnastics Physio) - **e mail:** louisecurley1982@hotmail.co.uk

Elizabeth Lane (British Gymnastics Physio) - **e mail:** lizzylane22@hotmail.co.uk

Lindy Laszig (British Gymnastics' Physio to Women's Artistic) - **e mail:** Lindy.Laszig@eis2win.co.uk

TEAM ENGLAND 2010 – Eligibility Conditions

To be eligible to compete for Team England, athletes must be able to comply with the eligibility conditions as determined by the Commonwealth Games Federation (CGF) as below:

CGF Constitution Article 24: Eligibility

1. Subject to Article 24(2), as a condition of entry to compete in the Commonwealth Games, all competitors must be citizens or subjects of the Commonwealth Country that enters them and must:
 - (a) not be currently under disqualification or suspension by the Federation, or their respective Affiliated CGA or IF or under the World Anti Doping Code;
 - (b) comply with all applicable rules and regulations of the Federation, their respective IFs and the World Anti Doping Code as may be modified and applied by the Federation to ensure that the overriding principles of the Commonwealth Games are observed.
2. Subject to Article 24(3), where a competitor was born in a Commonwealth Country that has common citizenship/passport with other Commonwealth Countries, the competitor may initially represent either the competitor's Commonwealth Country of birth; or the Commonwealth Country of birth of his or her father or mother that shares the same citizenship/passport.
3. After having represented one Commonwealth Country at the Commonwealth Games, a competitor may not represent another Commonwealth Country unless he or she receives the approval of the Federation, the relevant IF and the Affiliated CGAs of the two Commonwealth Countries concerned.
4. It is the responsibility of all Affiliated CGAs to ensure that their competitors are fully aware of and comply with the eligibility rules of the Federation.
5. The Executive Board shall have the power to waive the provisions of Articles 24 (1-3) in its discretion.

Eligibility Policy Decision

The Minutes of the 2004 General Assembly record: *"That in accordance with Article 25 (5)(Article 24(5) of the November 2007 applies), the Board considered applications from CGAs seeking dispensations for athletes to compete at both the Commonwealth Youth Games and the Commonwealth Games in Melbourne.*

As a result of this, the Board felt it appropriate to adopt a specific policy applying to cases where a common passport existed insofar as residency is concerned i.e. that a Dispensation will be granted to any such athlete who has completed a period of 5 years continuous residency within the CGA territory immediately prior to the Games.

During the 2009 General Assembly CGA Workshop it was confirmed by John Eades, Operations Director, CGF, that this decision, whilst specific to Melbourne, still applies in relation to the Delhi Games.



**RHYTHMIC GYMNASTICS:
DECLARATION to COMPETE
XIX Commonwealth Games, (Dehli, India)**

Declaration to Compete form to be returned by 26th February 2010

GYMNAST NAME
.....

CLUB
.....

PERSONAL COACH
.....

I would like to submit a request for the above gymnast to trial for the XIX Commonwealth Games 2010.

Signed..... Date.....
.....

Mike Weinstock
English Gymnastics
C/o Jan Charlton
Ford Hall
Lilleshall National Sports Centre
Near Newport
Shropshire
TF10 9NB

mike@mwgymnastics.co.uk